



Self-Help Center
Family Law Facilitator Office

Superior Court of California
County of San Luis Obispo

**Domestic Violence Prevention Act
Forms Needed to Request Restraining Order and Other Orders**

1. [DV-100](#) Request for Domestic Violence Restraining Order (staple the following as needed)
 - [DV-101](#) Description of Abuse
 - [DV-105](#) Request for Child Custody and Visitation Order
 - [DV-108](#) Request for Order: No Travel with Children
 - [FL-150](#) Income and Expense Declaration (complete only if support is requested)
2. [DV-109](#) Notice of Court Hearing
3. [DV-110](#) Temporary Restraining Order (staple the following as needed)
 - [DV-140](#) Child Custody and Visitation Order
 - [DV-145](#) Order: No Travel with Children
 - [DV-150](#) Supervised Visitation and Exchange Order
4. [DV-130](#) Restraining Order After Hearing (staple the following as needed)
 - [DV-140](#) Child Custody and Visitation Order
 - [DV-145](#) Order: No Travel with Children
 - [DV-150](#) Supervised Visitation and Exchange Order
 - [FL-342](#) Child Support Information & Order Attachment (include if asking for child support)
 - [FL-192](#) Notice of Rights and Responsibilities (include if asking for child support)
 - [FL-343](#) Spousal, Partner, or Family Support Order (include if asking for spousal support)
5. [CLETS-001](#) Confidential CLETS Information
6. [FL013](#) Statement of Venue (only if not previously completed)
7. [DV-120](#) Response to Request for Domestic Violence Restraining Order (staple and leave blank)
8. [DV-200](#) Proof of Service

Where can I find these forms and get more help? Free forms are available at the [Court Clerk's Office](#) or you may download free forms and information at <http://www.courts.ca.gov>. You may also obtain additional help from some of the programs listed on our [Legal Resource List](#).

How many copies do I need? When you file with the Court Clerk's Office, you must present all originals plus 3 copies of your completed DV-100 Request for Domestic Violence Restraining Order (and any attachments).

What is a domestic violence restraining order? A court order that helps protect people from abuse.

What is abuse? Abuse means to hit, hurt, scare, throw things, pull hair, push, follow, harass, sexually assault, stalking, or threaten to do any of these things.

Can I get a restraining order? You may obtain a domestic violence restraining order if a person has abused you and you have a close relationship with that person (married or registered domestic partners, divorced, separated, dating or used to date), or you are related (parent, child, brother, sister, grandmother, grandfather, in-law).

What facts does the judge need to know about? Your written declaration must state sufficient detailed facts that show reasonable proof of a past act or acts of abuse. Your written declaration should contain dates, a detailed description of the abuse and a detailed description of any injuries.

What if my entire Request for Temporary Restraining Order is denied? If your Request for Temporary Restraining Orders was denied and you do not want to move forward with the case, you may file [DV-112](#) Waiver of Hearing on Denied Request for Temporary Restraining Order.

Domestic Violence Restraining Order - Filing and Serving Instructions

1	Complete Restraining Order Forms & Make Copies	Complete all necessary Restraining Order forms. Make 3 copies of your original completed DV-100 Request for Domestic Violence Restraining Orders.
2	Take to the Court and file all the completed original documents and 3 copies of the DV-100 Request for Domestic Violence Restraining Order	When you give the Court Clerk your originals and copies, the clerk will deliver the documents to the judge so that a decision can be made about your restraining order request. You should make arrangements with the Court Clerk about when and where you should pick up your copies of the restraining order documents.
3	Pick Up Your Restraining Order Copies	Generally, within 24 hours from when you file, the court will make a decision about your Temporary Restraining Order. When you pick up your restraining order copies you will know the date of your next hearing and whether the judge granted your request for a temporary restraining order. The temporary restraining order expires on the day of your hearing.
4	Schedule a Child Custody Mediation Appointment	If you requested custody orders regarding minor children, then you must call Family Court Services at (805) 781-5423 to schedule a mediation appointment.
5	Give the Other Party a Copy of the Restraining Order Documents and Complete the Proof of Service	Someone who is 18 years or older must personally deliver to the other party a copy of your restraining order documents including the following: DV-100 (plus any attachments), DV-110 if granted (plus any attachments), DV-109, FL013, and a blank DV-120. The other party must receive these documents at least 5 days before your scheduled hearing date, unless otherwise ordered by the court. The person who personally delivered the documents to the other party must complete and sign the Proof of Service FL-200 form. If you are having the Sheriff's Office deliver the documents to the other party, then you must give the Sheriff's Office 2 copies. In addition, the Sheriff will have their own Proof of Service form.
6	File The Proof Of Service With The Family Law Clerk	You must file the original completed Proof of Service (FL-200 or Sheriff's form) with the Court Clerk's Office as soon as possible so you can show proof that the other party was served.
7	Go to Court on the Day of Your Hearing	On the day of your hearing, the judge will decide whether to grant or deny the orders you requested. If a restraining order is granted, it may last for up to 5 years. If child custody and visitation orders are granted, they may last until the child is 18 or until the court changes the orders. If you do not attend your hearing, then any temporary orders will expire on the date of the court hearing and you will have to start all over again to ask for orders if you need them in the future.